

## **HIT-CF** New clinical trial design in Cystic Fibrosis

Peter van Mourik, MD, PhD-student Pediatric Pulmonology, University Medical Center Utrecht, the Netherlands



#### Contents

- Difficulties of clinical trials in Cystic Fibrosis population

- Our solutions to these difficulties



#### **Difficulty 1: CF patient population**

### > 2000 CFTR-mutations

## HIT-CF



(Novel potentiators)

F508del/F508del Lumacaftor/Ivacaftor (Triple therapy)



### Rare disease, considerable heterogeneity

- Disease severity
  - Differs per mutation
  - Considerable differences within genotype





### **Drug efficacy**

- Target is different per CFTR-mutation
- Target is unknown for rare mutations
- Efficacy of drugs cannot be predicted in these patients



Heterogeneity in treatment response makes clinical trial very difficult



## **Solution: stratifying patients**





### Organoid model to identify drug response



#### Healthy control



#### F508del/F508del



#### F508del/F508del Lumacaftor/Ivacaftor





# Using organoids to select the best responding patients





## **Identifying our patient population**



these organoids



## **Difficulty 2: FEV1 as EMA-approved endpoint**

#### The Importance of Spirometry

#### **Forced Expiratory Volume in 1 second**

"FEV1 as surrogate for mortality usually required by EMA as primary endpoint for most pulmonary indications."

"At present, FEV1, despite its major limitations, still remains an important outcome measure for clinical efficacy."



Report of the workshop on endpoints for cystic fibrosis, European Medicines Agency, 2012



## **Difficulties of spirometry (FEV1)**

- Baseline value influences the potential for change Starting with 100% predicted FEV1 -> less potential to increase by another 10%
- Within subject standard deviation of 4.5%-6.3% ppFEV1
- Efficacy of known drugs: 4-8% ppFEV1 improvement
- Limited patient population



Stanbrook 2004, Chest Cooper 1990, Pediatr Pulmonol Taylor-Robinson 2012, Thorax

## **Solution (1): Tackling the high endpoint variability**

- Placebo-controlled crossover design
  - Decreasing the influence of within-patient variability
  - Decreasing the influence of between-patient variance

- Repeated measurements
  - Decreasing the influence of within-patient variability





## **Solution: Other valid primary endpoints?**

#### **Sweat Chloride Concentration**

- In-vivo measurement of CFTR-function could confirm the expected mechanistic effect at patient level
- In theory representative of systemic drug effects
- Could be used as intermediate endpoint (or biomarker)



#### **Sweat chloride concentration**

#### In-vivo measurement of CFTR-function



© Healthwise, Incorporated





#### **Sweat Chloride Concentration**

 Elevated in CF-patients, normal in healthy subjects

• Large potential for change



Effect of Ivacaftor on SCC – STRIVE-trial

• What is a 'Clinically significant' change?

"the effect of the compound on biomarkers such as sweat chloride that directly measure CFTR function, can be considered as intermediate proof of efficacy."



#### **Correlation between Sweat Chloride and FEV1**

• **Sweat chloride is useful** in multicenter trials as a biomarker of CFTR activity and to test the effect of CFTR potentiators.

- Sweat chloride is not a useful marker of clinical response to Ivacaftor
- Sweat chloride level changes in response to potentiation of the CFTR protein by Ivacaftor **appear to be a predictive** pharmacodynamic biomarker of lung function changes on a **population basis** but **are unsuitable** for the prediction of treatment benefits for **individuals**.





### **Sweat Chloride as co-primary outcome**

• Provide mechanistic evidence of efficacy

Useful for future trials in smaller populations
– FEV1 effect possibly not large enough



# Difficulty 3: increasingly small trial population

- CF-patient population becomes more dispersed
- Need for effective n-of-1 trial design/outcome parameters





### **HIT-CF exploratory endpoint**

Within-patient comparative assessment of response to treatment

→ assess whether the observed difference between treatment and placebo for an individual patient is sufficiently larger than the measurement uncertainty for an individual patient.

These data can be used for the design of future n-of-1 trials



# Difficulty 4: Validate organoids as predictive model

• Several trials are running to evaluate the predictive capacity of organoids

• If we only include 'in vitro responders', we cannot evaluate predictive potential

• Ethically problematic to include large numbers of predicted non-responders?



# Solution 4: platform trial for overarching analysis



15 'low organoid responders' can be compared to 60 'high organoid responders' because of platform design



# HIT-CF: enhanced clinical trial design in a heterogeneous, small population

• Using in-vitro model to **stratify patients** 

Cross-over design with repeated measurements to increase power

• Generating **data** to be used **for future n-of-1 trials** 

Validating in-vitro model



#### **Acknowledgements**

#### **University Medical Center Utrecht – Pediatric Pulmonology**

Kors van der Ent Sabine Michel Gitte Berkers Jeffrey Beekman Florijn Dekkers

#### University Medical Center - Julius Center for Health Sciences and Primary Care

Kit Roes Stavros Nikolakopoulos Konstantinos Pateras Sjoerd Elias

Katholieke Universiteit Leuven Kris de Boeck

#### **Julius Clinical**

Hans van Dijk Gerard Krielen

#### **Biotechsubsidy**

Marc van de Craen





